Mental Health Screening Instrument Matrix

March 2005
Revised March 2007
Updated 2015 by MSSWA

Mental health screening is a brief, culturally sensitive process designed to identify children and adolescents who may be at risk of having impaired mental health functioning warranting immediate attention, intervention or referral for diagnostic assessment. The primary purpose for screening is to identify, using a valid, reliable screening instruments, the need for further assessment.
<table>
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<tr>
<th>Mental Health Screening Tool</th>
<th>Publisher</th>
<th>Qualifications of Screener</th>
<th>Other Information</th>
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<tbody>
<tr>
<td><strong>Ages and Stages Questionnaires:</strong> Social-Emotional (ASQ: SE) 4-60 months of age</td>
<td>Paul Brookes Publishing Co. P.O. Box 10624 Baltimore, MD 21285-0624 Phone: 1-800-638-3775 Fax 410-337-8539 <a href="http://www.brookespublishing.com">www.brookespublishing.com</a></td>
<td>An administration manual provides information on using the system and scoring the questionnaires; guidance is offered on how one might integrate use into their given program.</td>
<td>Estimated administration time is 10-30 minutes. Available in Spanish.</td>
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<td><strong>Checkmate Plus</strong> The checklists are used by various professionals in education (school psychologists, special education personnel) settings involved in the evaluation of emotional and behavioral problems.</td>
<td>CHECKMATE PLUS PO Box 696 Stoneybrook, NY 11790-0696 Phone: 800.779.4292 Fax: 631-360-3432 or 914-777-5710 <a href="http://www.checkmateplus.com">www.checkmateplus.com</a></td>
<td>Professionals in education, school psychologists, special education personnel.</td>
<td>Paper and computer product as well as on-line assessments. All symptom inventories have been translated into Spanish.</td>
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<td><strong>Diagnostic Interview Schedule for Children (DISC) Structured youth self-report interview that provides provisional DSM-IV diagnoses.</strong></td>
<td>DISC Development Group Columbia University Department of Child &amp; Adolescent Psychology 1051 Riverside Drive Unit 78 New York, NY 10032 <a href="http://www.cdc.gov/nchs/data/nhanes/limited_access/interviewer_manual.pdf">www.cdc.gov/nchs/data/nhanes/limited_access/interviewer_manual.pdf</a> Email: <a href="mailto:disc@childpsych.columbia.edu">disc@childpsych.columbia.edu</a></td>
<td>Administered by a lay interviewer, or by clinicians or by self-completion.</td>
<td>DISC translations currently in development: German, Chinese, Japanese, Dutch, Icelandic</td>
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<td>Massachusetts Youth Screening Instrument (MAYSI-2)</td>
<td>Professional Resource Press</td>
<td>In-service training with instrument, no clinical experience.</td>
<td><a href="http://www.nysap.us/MAYSI2.html">www.nysap.us/MAYSI2.html</a> includes useful overview information.</td>
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<td>The MAYSI-2 is designed to assist juvenile justice facilities in identifying youths 12 to 17 years of age who may have special mental health needs and substance abuse needs. It is intended for use at any point in the juvenile justice system.</td>
<td>P.O. Box 3197 Sarasota, FL 34230-3197 Web-site: <a href="http://www.prpress.com">www.prpress.com</a> Phone: (800) 443-3364 Fax: (941) 343-9201 or (866) 804-4843 Email: <a href="mailto:cs.prpress@gmail.com">cs.prpress@gmail.com</a></td>
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**Pediatric Symptom Checklist**  
The PSC is a brief screening questionnaire that is used to improve the recognition and treatment of psychosocial problems in children  
- Youth Self-Report (Age 11-16)  
- Pediatric Symptom Checklist (Age 4-16)  

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www.massgeneral.org/psychiatry/services/psc_home.aspx | | There are no special qualifications for scoring. | There are English, Japanese, and Spanish versions of the PSC available. |

**Strengths and Difficulties Questionnaire**  
The SDQ is a brief behavior screening tool for assessing problems with emotional issues, conduct issues, hyperactivity/attention issues, peer relationship issues and prosocial behaviors. There are two versions for follow-up after intervention to gauge changes in functioning.  
- Self-report for ages 11-17;  
- Parent or teacher form for ages 4-10.  
- Parent or teacher form for ages 11-17.  

DISCLAIMER: This information is advisory only. The Minnesota Department of Education (MDE) provides this information upon request as a public service. Inclusion on this list does not necessarily mean that MDE supports or endorses the use of the screening instrument.